

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Carmen Tissang**

Has successfully participated & completed the

12km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

## **TIME** 03:06:34

**PACE** 15:31/km **OVERALL** 99 of 145

**GENDER** 34 of 65 **40 - 49** 5 of 15

29 July 2018, Sun

outLime

Signature

Date